



OCB HUDSON RIVER CLASSIC November 13, 2010 – White Plains, NY

Coverage in Fitness & Physique Magazine

Location: Westchester County Center, 198 Central Ave., White Plains, NY 10606

Show times: Prejudging 11 AM, Finals 4 PM

Divisions: Men's Bodybuilding: Teen, Debut, Novice, Great Grand Masters 60+, Grand Masters 50+, Masters 40+, Open. Women's Bodybuilding: Debut, Open. Figure: Debut, Novice, Masters 35+, Masters 45+, Open. *Promoter reserves the right to add or drop classes based on number of entries.*

Division Details: Debut: First competition ever. Teen: Age 19 and Under. Novice: Open only to those who have not placed first in any class besides Teen within any division in the same category (Ex. Figure) with any organization (unless was the only competitor in the class). Eligibility will be verified during polygraph testing. Masters Divisions: Open only to those falling into the stipulated age range (ex. 40+ is age 40 to 49). Open: Open to anyone regardless of age and level of experience. If more than 5 in each class, we have the right to have only the top 5, in each class, perform their routine or T-walk.

Classes: Classes will be split evenly by height in the manner specified by the OCB Guidelines on the OCB website.com

Crossovers: A "crossover" is entering more than one division. For example, someone may enter the Novice division, if eligible, and also elect to crossover into the Open division and compete in it as well. Crossovers from Women's Bodybuilding to Figure categories are not permitted.

Check-In: Competitors can check in Friday November 12, 2010, at Premier Fitness. Polygraphs will be done from 12 noon to 7 pm. Saturday check-in will start at 9:30a.m.

Contestant meeting: 9:30 am sharp at the Westchester County Center. Anyone checking in late will not be allowed to compete.

Fees: Entry \$55 if postmarked by November 6th. \$75 if postmarked after November 6th. Crossover entries \$35 per additional class. OCB Membership \$50(Cash or check), Polygraph Testing \$45(Cash ONLY). Walk-in entries the day of the event will not be accepted.

Tickets: Pre-judging \$15, Finals \$20, Combo (both shows) \$30. Trainers ticket \$40. Tickets available at the door the day of the event.

Drug Testing: Polygraph testing for all competitors. \$45 payable in cash or money order to the polygraph examiner at the time of testing. Photo identification required. It is the competitors' responsibility to ensure they are polygraph tested for the event. If any competitors are not polygraph tested for the event they are ineligible for competition. Plus all competitors subject to additional forms of testing, if requested, at the discretion and expense of the promoter. Promoter will contact entrants 1-2 weeks before the show to schedule appointments for testing.

Backstage policy: One assistant per competitor allowed, assistant MUST buy a trainers ticket, which is good for General Admission and back stage access.

Routines: Routine length 60 seconds for Bodybuilding, props allowed. Figure competitors should supply at least 90 seconds of music for stage walk (music can be faded out as competitor exits the stage area if longer than actually needed). All Music is to be provided on CD only with only one track on it and with no profanity.

Hotels: Crowne Plaza Hotel, 66 Hale Ave, White Plains, NY. (914)682-0050 (Next to Westchester Mall). Residence Inn Marriot, 5 Barker Ave, White Plains, NY 10601. (914) 761-7700 (Mention OCB Special rate).

Payment: Send Entry Form and Advance Ticket sale information and payments to: Premier Fitness, 430 Nanuet Mall South, Nanuet, NY 10954. Make payments payable to Premier Fitness.

Contact: Brian Fahrenfeld, brianf@premierfitnessny.com, (845) 920-0501, premierfitnessny.com

Keep this page for your reference

www.theOCBwebsite.com

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November 13, 2010 – White Plains, NY



ENTRY FORM

Name: _____ Email: _____

Address: _____ Phone: _____

City: _____ State: _____ Postal Code: _____

Date of Birth: _____ Age: _____ Height: _____ Weight: _____

Have you ever won first-place in any class, within any division, with any organization? No Yes (If yes, not eligible for Novice).

WAIVER/RELEASE

Waiver: I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility owners, OCB, the promoters, and any sponsors, agents, or representatives for any injuries suffered by me as a result of my participation and/or losses suffered by me as a result of my participation and/or attendance at this contest. I hereby grant the promoters, OCB, any approved magazine, video or entertainment organization and all of their agent's successors, licensees and assignees, the right to photograph or otherwise reproduce my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, printing, or any other medium now known or hereafter devised, including audio with respect to any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. No further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate, OCB and/or any magazine, video or any approved video entertainment organization to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further comment.

I agree to abide by the decision of the OCB, and/or contest promoters concerning my participation in an OCB-sanctioned contest pending the results of any form of testing used to detect use of banned substances with OCB. I understand that the administrator or laboratory utilized for substance screenings is the choice of OCB and/or the promoters, and agree to accept the results of said testing, whatever they may be. I hereby waive and release any claims or demands against the OCB, its representatives, sponsors and promoters that may arise out of my participation in an OCB-sanctioned event or my membership in the OCB.

I have read, understand, and agree to the above terms.

Name: _____ Date: _____

Signature: _____

If under 18, parent's name: _____

Parent's signature: _____

DIVISION(S) ENTERING *(check)*

Men's Bodybuilding

- Teen
- Debut
- Novice
- Great Grand Masters 60+
- Grand Masters 50+
- Masters 40+
- Open

Women's Bodybuilding

- Debut
- Open

Figure *(Crossover to/from Bodybuilding not permitted)*

- Debut Masters 45+
- Novice
- Masters 35+
- Open

Novice: Open only to those who have not placed 1st in any class besides Teen within any division in the same category (Ex. Figure) with any organization (with the exception of cases where first place was won in a class that only had one competitor in it). Eligibility is verified during polygraph testing.

Amount to Enclose with Entry Form:

Entry \$55 if postmarked by November 6th, \$75 if postmarked after November 6th. Crossover entries \$35 per additional class. Walk-in entries will not be accepted the day of the event.

Entry Fee: \$ _____

Crossover Fee(s): \$ _____

Total: \$ _____

Complete this section if paying by Visa or Master Card *(additional 3.5% convenience fee charged)*.

Name as it appears on card: _____

Card #: _____ Exp Date: _____ CVV: _____

Signature: _____ Date: _____